SELF ASSESSMENT FORM			
Date:	Venue:		
MATCHES REFEREED			
Team and Age and Division			
Referee	Assista	nt Referee	
What did I do well:			
What could I have done better:			
In what areas do I feel I required more knowledge or exp	erience:		
Match debrief assessment:			
Did I enjoy my refereeing today.		Yes	No
Did I arrive at the match: • In the right frame of mind.			
On time.			
Correctly dressed.			
With all equipment and dress.			